

Preschool

Soccer for Fours

Practice soccer fundamentals and develop better skills. This class is just for four year olds. Dribbling, passing, trapping and shooting are covered, as well as the basic concepts for strategy and teamwork. Occasional scrimmages are included. Note: Bring a water bottle. Shin guards are required. Call the weather line at 240-314-5023 for status of class.

Ages: 4 year olds

Course #	Day	Date	Time	Fee (R/NR)
16639	W	Sep 14-Oct 19	10am-10:45am	\$48/\$55

Instructor: Navarro

Location: Calvin Park

Yoga for Little Bodies

A fun and playful yoga class designed to increase body awareness in young children. Yoga postures and breathe are introduced in stories and interactive games. Students are required to bring a yoga mat or may rent one.

No class 10/4.

Ages: 3-5

Course #	Day	Date	Time	Fee (R/NR)
16610	Tu	Sep 13-Nov 22	3:30pm-4:15pm	\$80/\$94

Instructor: Neuman

Location: Thrive

Children

A Message to Parents...We require, for most programs, that children involved be the required age as of the date of the first class. All age requirements are set to benefit the child and make instruction more consistent for the program instructor. In some instances, the requirements have been set for the child's safety. Note: Registration by Internet or phone will be accepted if the child is the appropriate age at the time of registration. If your child does not meet the age requirements by the start of class, please register by Fax, mail-in or in person. Registration deadline for all activities is two weeks prior to the start of the class unless otherwise noted.

Arts/Dance/Enrichment

After School Adventure

Enjoy time to do homework, play sports, make crafts, play games, use the computer, go on field trips and more. Improve reading skills at our Literature Club. Snack included. Note: Children must attend Meadow Hall ES or Twinbrook ES. Fee includes after-school transportation to the Center. Participants must be TCRC members.

Ages: 5-10

Course #	Day	Date	Time	Fee (R/NR)
16601	M-F	Aug 29-Dec 23	3pm-6pm	\$205/\$250

Location: Twinbrook Community Recreation Center

Kids Room

This drop-in recreational program is designed to give school-aged children the opportunity to have a safe and fun place to hang-out after school. Children will be able to engage in daily sports and games, arts and crafts, educational computer activities, along with homework time and monthly field trips. Registration: Ongoing. No Class on No School Days.

Grades: K-8

Course #	Day	Date	Time	Fee (R/NR)
17070	M-F	Aug 29-Dec 23	3:30pm-6pm	\$140/\$200

Location: Lincoln Park Community Center

K.A.T. - Fallsmead

Kindergarten Activity Time (K.A.T.) This program compliments your child's kindergarten learning experience. Trained and experienced staff will guide your child's development of social, creative and cognitive skills. Indoor and outdoor activities are planned to enrich your child's day. Holidays: 9/5, 10/4, 10/13, 10/21, 11/1, 11/24, 11/25, 2/26-1/2, 1/16, 1/23, 2/20, 3/31, 4/10-4/14, 4/17, 5/29. NOTE: FIRST PAYMENT IS DUE BY AUGUST 22, 2005. Note: Register by mail, in person or fax. Discounts are available for families who register in more than one K.A.T./S.T.E.P. program. Call 240-314-8631 for more information.

Monday-Friday, AM

Ages: 5-6

Course #	Day	Date	Time	Fee (R/NR)
15797	M-F	Aug 29-Jun 13	8:50am-12:30pm	\$3,235/\$3,765

Location: Fallsmead Elementary School

Monday-Friday, PM

Ages: 5-6

Course #	Day	Date	Time	Fee (R/NR)
15798	M-F	Aug 29-Jun 13	11:30am-3:05pm	\$3,235/\$3,765

Location: Fallsmead Elementary School

S.T.E.P. - Fallsmead

Student Total Enrichment Program (S.T.E.P.) incorporates educational, creative, recreational and social activities in the classroom and outdoors. Trained, experienced staff develop age appropriate programs and guidance. A nutritious snack is provided in the afternoon program. Holidays: 9/5, 10/4, 10/13, 10/21, 11/1, 11/24, 11/25, 12/26-12/30, 1/2, 1/16, 1/23, 2/20, 3/31, 4/10-4/14, 4/17, 5/29. NOTE: FIRST PAYMENT IS DUE BY AUGUST 22, 2005. Note: Register by mail, in person or fax. Discounts are available for families who register in more than one K.A.T./S.T.E.P. program. Call 240-314-8631 for more information.

Monday-Friday, AM

Grade: K-5

Course #	Day	Date	Time	Fee (R/NR)
15814	M-F	Aug 29-Jun 13	7:30am-8:50am	\$1,691/\$1,943

Location: Fallsmead Elementary School

Children

S.T.E.P. - Ritchie Park

Student Total Enrichment Program (S.T.E.P.) incorporates educational, creative, recreational and social activities in the classroom and outdoors. Trained, experienced staff develop age appropriate programs and guidance. A nutritious snack is provided in the afternoon program. Holidays: 9/5, 10/4, 10/21, 11/4, 11/24, 11/25, 12/26-12/30, 1/2, 1/16, 1/23, 2/20, 3/6, 4/10, 4/14, 4/17, 5/29. NOTE: FIRST PAYMENT IS DUE BY AUGUST 22, 2005. Note: Register by mail, in person or fax. Discounts are available for families who register in more than one S.T.E.P. program. Call 240-314-8631 for more information.

Monday-Friday, AM

Grade: K-5

Course #	Day	Date	Time	Fee (R/NR)
15816	M-F	Aug 29-Jun 13	7:30am-8:50am	\$1,691/\$1,943

Location: Ritchie Park Elementary School

Art Sparks - Capture an Experience *New*

Students will be given a paper mache box to transform a feeling, a memory or a visual exploration using a variety of materials. Experiment with cutting and folding techniques to make an expressive piece of usable art.

Ages: 5-7

Course #	Day	Date	Time	Fee (R/NR)
17033	F	Oct 21	4pm-5pm	\$12/\$14

Instructor: Siegel

Location: Lakewood Elementary School

Art Sparks - Design Around Photo *New*

Bring a favorite photo and choose a variety of elements to complement your theme. Elements include beads, foam cut outs and letters, clay pieces, mini sea shells, pipe cleaners, glitter paint and much more!

Ages: 5-7

Course #	Day	Date	Time	Fee (R/NR)
17032	F	Oct 14	4pm-5pm	\$13/\$15

Instructor: Siegel

Location: Lakewood Elementary School

Art Sparks - Know Your Colors *New*

Learn basic color terms and work on selected painting exercises that cover color mixing. Students will work with limited color schemes: monochromatic, complementary, analogous, and triadic.

Ages: 5-7

Course #	Day	Date	Time	Fee (R/NR)
17034	F	Oct 28	4pm-5pm	\$15/\$18

Instructor: Siegel

Location: Lakewood Elementary School

Art Sparks - Paint a Pot *New*

Paint your own design using special outdoor safe paint on a 4 inch terracotta pot with a matching 4 inch saucer. Create 'pals' for your pot by using sticks, pipe cleaners, and smooth shaped rocks.

Ages: 5-7

Course #	Day	Date	Time	Fee (R/NR)
16673	F	Sep 30	4pm-4:50pm	\$12/\$14

Instructor: Siegel

Location: Lakewood Elementary School

Art Sparks - Try Cartooning *New*

Students will familiarize themselves to a variety of ways, styles and techniques to draw the head and figure. Students will be encouraged to stretch their 'drawing muscles' while expanding on cartoon concepts.

Ages: 5-7

Course #	Day	Date	Time	Fee (R/NR)
17035	F	Oct 7	4pm-5pm	\$12/\$14

Instructor: Siegel

Location: Lakewood Elementary School

Ballet for Children

Learn the art of Ballet through an elementary but professional approach. Note: Children must be entering Kindergarten and age five by September 30. Children should register for the appropriate level but may be changed at the instructor's discretion. Solid color leotard and ballet shoes are recommended but not required. Children should remain in Beginning Ballet for two years, then move to Intermediate for four years before progressing to Advanced Ballet. Students with demonstrated proficiency are encouraged to perform with the Rockville Civic Ballet. Those previously enrolled at the Rockcrest Ballet Center should register for the same class. If a participant registers for two or more classes, a \$5 discount may be applied to one class. To receive a discount, register by mail, fax or in-person. See Teen Section for more classes. No class Oct. 4 & 13, Nov. 8 & 25 - 30 and Dec. 1 & 2

Young Beginner Ballet

Designed for Beginners, ages 5-7, with a slightly less structured approach.

Ages: 5-7

Course #	Day	Date	Time	Fee (R/NR)
16472	Sa	Sep 17-Nov 5	12 noon-12:50pm	\$56/\$66

Instructor: Blackman

Location: Rockville Senior Center

Ages: 5-7

16474	Sa	Sep 17-Nov 5	1pm-1:50pm	\$56/\$66
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Instructor: Blackman

Location: Rockville Senior Center

Beginner Ballet

Beginners, Grades K-6.

Ages: 5-13

16462	M	Sep 19-Dec 5	3:45pm-4:45pm	\$77/\$91
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Instructor: Mangan

Location: Rockcrest Ballet Center and Park

Children

Ages: 5-13

16469 F Sep 23-Dec 9 3:45pm-4:45pm \$70/\$83

Instructor: Mangan

Location: Rockcrest Ballet Center and Park

Ages: 6-12

16471 F Sep 23-Dec 9 5:45pm-6:45pm \$70/\$83

Instructor: Mangan

Location: Rockcrest Ballet Center and Park

Intermediate I

Children ages 7 and up who have successfully completed the Beginner level.

Ages: 7+

16463 M Sep 19-Dec 5 4:45pm-5:45pm \$77/\$91

Instructor: Mangan

Location: Rockcrest Ballet Center and Park

Intermediate I & II

Children ages 7 and up who have successfully completed the Beginner level.

Ages: 7+

16466 W Sep 21-Dec 7 3:45pm-4:45pm \$77/\$91

Instructor: Mangan

Location: Rockcrest Ballet Center and Park

Intermediate II & III

Ages: 10-14

16470 F Sep 23-Dec 9 4:45pm-5:45pm \$70/\$83

Instructor: Mangan

Location: Rockcrest Ballet Center and Park

Intermediate III

Children who have successfully completed Intermediate I.

Ages: 8+

16464 Tu Sep 20-Dec 6 4:15pm-5:15pm \$63/\$74

Instructor: Mangan

Location: Rockcrest Ballet Center and Park

Preparation & Beginner Pointe

Preparation for Pointe and Beginner Pointe.

Ages: 10-14

16473 W Sep 21-Dec 7 4:45pm-5:45pm \$77/\$91

Instructor: Mangan

Location: Rockcrest Ballet Center and Park

Advanced Ballet & Pointe

Advanced Ballet Pointe for Young Teens.

Ages: 12+

16465 Tu Sep 20-Dec 6 5:15pm-6:15pm \$63/\$74

No class 11/25 & 12/2. Ages: 12+

16468 Th Sep 22-Dec 8 5:15pm-6:15pm \$63/\$74

Instructor: Mangan

Location: Rockcrest Ballet Center and Park

Chess

Chess is a fun game for all ages. Studies have found that chess will benefit children both academically and socially. Emphasis is on basic principles, visual skills development, score sheet notation, tactical skills, and checkmate positions. Instructor is a trainer for school champions in Maryland. Note: Chess boards and sets are provided for class.

Beginner

No class 10/13.

Ages: 6-10

Course #	Day	Date	Time	Fee (R/NR)
16481	Th	Sep 22-Nov 17	3:30pm-4:45pm	\$69/\$79

Instructor: Del Mundo

Location: Lakewood Elementary School

Continuing

No class 10/13.

Ages: 6-10

16482	Th	Sep 22-Nov 17	4:45pm-6pm	\$69/\$79
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Instructor: Del Mundo

Location: Lakewood Elementary School

Creative Yoga for Kids

Yoga is a terrific way to build a foundation for life-long well-being. Children will learn basic yoga postures, breathing techniques and body-mind awareness through creative storytelling, music, drama, and cooperative games. Parents may register for Yoga Vinyasa Flow All Levels #16598 offered at the same time. Note: \$5 supply fee due to instructor at first class. Bring a mat.

No class 10/4.

Ages: 5-9

Course #	Day	Date	Time	Fee (R/NR)
16611	Tu	Sep 13-Nov 22	4:15pm-5:15pm	\$80/\$94

Instructor: Bowen

Location: Thrive

KIDZ CLUB - Rack-O-Snacks

You can make fun and easy after-school snacks! During this six-week program you and your friends can learn to create delicious and 'mostly' nutritious snacks. No cooking involved. PARENTS: Be sure to let staff know of any food allergies, like peanuts, etc. Other time is spent doing homework, playing games, creating crafts, and just having fun! NOTE: Kidz Club will meet at dismissal time on early release days. No Kidz Club on 9/5 & 10/4.

Beall Kidz Rack-O-Snacks Club

Ages: 5-12

Course #	Day	Date	Time	Fee (R/NR)
16657	M-F	Aug 29-Oct 7	3pm-6pm	\$90/\$180

Instructor: Rawlins

Location: Beall Elementary School

Children

Maryvale Kidz Rack-O-Snacks Club

Ages: 5-12

16658 M-F Aug 29-Oct 7 3:30pm-6pm \$90/\$180

Instructor: Chase

Location: Maryvale Elementary School

Twinbrook Kidz Rack-O-Snacks Club

Ages: 5-12

16659 M-F Aug 29-Oct 7 3:30pm-6pm \$90/\$180

Instructor: Dickson

Location: Twinbrook Elementary School

KIDZ CLUB - ABC Writing Club

Spend after school time with your club members reading stories, poems and books. Take a trip to the library. Write in a journal. Create poems and stories. Other time is spent doing homework, creating crafts, playing games and having fun! Note: No Kidz Club 10/13, 10/21, 11/1.

Beall Kidz ABC Writing Club

Ages: 5-12

Course #	Day	Date	Time	Fee (R/NR)
16968	M-F	Oct 10-Nov 18	3:05pm-6pm	\$90/\$180

Instructor: Rawlins

Location: Beall Elementary School

Maryvale Kidz ABC Writing Club

Ages: 5-12

16969 M-F Oct 10-Nov 18 3:30pm-6pm \$90/\$180

Instructor: Chase

Location: Maryvale Elementary School

Twinbrook Kidz ABC Writing Club

Ages: 5-12

16970 M-F Oct 10-Nov 18 3:30pm-6pm \$90/\$180

Instructor: Dickson

Location: Twinbrook Elementary School

KIDZ CLUB Culture Club

Pay tribute to cultural diversity by honoring traditions, learning diverse games and activities, celebrating different holidays, and making cultural crafts. Other time is spent doing homework, and just having fun! No Kidz Club on 11/24, 11/25.

Beall Kidz Culture Club

Ages: 5-12

Course #	Day	Date	Time	Fee (R/NR)
16971	M-F	Nov 21-Dec 23	3:05pm-6pm	\$90/\$180

Instructor: Rawlins

Location: Beall Elementary School

Maryvale Kidz Culture Club

Ages: 5-12

16972 M-F Nov 21-Dec 23 3:30pm-6pm \$90/\$180

Instructor: Chase

Location: Maryvale Elementary School

Twinbrook Kidz Culture Club

Ages: 5-12

16973 M-F Nov 21-Dec 23 3:30pm-6pm \$90/\$180

Instructor: Dickson

Location: Twinbrook Elementary School

Mini Cheer

Learn all aspects of cheerleading in this new mini-class. Participants will learn motions, jumps, tumbling, stunts and dance. Cheer routines and dance are taught for a performance during the last class.

Ages: 4-6

Course #	Day	Date	Time	Fee (R/NR)
17079	W	Sep 21-Oct 26	5:45pm-6:45pm	\$57/\$67

Instructor: Buell-Size

Location: Xtreme Acro and Cheer

Cheerleading Basics

Learn all aspects of cheerleading. Students will learn jumps, tumbling, stunts and dance combinations. Parents and friends are invited to the last class to see a cheerleading performance.

Ages: 6-12

Course #	Day	Date	Time	Fee (R/NR)
17080	W	Sep 21-Oct 26	7pm- 8pm	\$57/\$67

Instructor: Buell-Size

Location: Xtreme Acro and Cheer

Autumn Apples



Taste freshly made applesauce, make a Johnny Appleseed pouch and taste different varieties of apples. Have you ever tasted a Jona Gold? A Nittany, Braeburn, or Fugi? (No school - MCPS)

All Ages

Course #	Day	Date	Time	Fee (R/NR)
16319	Tu	Oct 4	10am-11am	\$5/\$6

Instructor: Oliver

Location: Croydon Creek Nature Center

Pumpkin Crafts



Make your own Halloween decorations using our supplies and making a mess at the nature center.

Ages: 5+

Course #	Day	Date	Time	Fee (R/NR)
17029	Tu	Oct 25	4pm-5pm	\$8/\$9

Location: Croydon Creek Nature Center

Children

Reindeer Games

Bigger and better! New this year-ride an antique iron train, take a hay ride and of course meet the wonderful reindeer. Travel by 15-passenger van to meet Minnie, Molly and Spruce, just a few of the herd's reindeer. We'll carry along a bag of raisins, their favorite treat, and also meet Big, the horse, Steinway, the cat, and a whole host of barnyard buddies. Cost includes transportation, leadership and fees.

Ages: 7-13

Course #	Day	Date	Time	Fee (R/NR)
16316	Tu	Dec 27	9am-4:30pm	\$35/\$40

Instructor: Oliver

Location: Croydon Creek Nature Center

Snowman Snow Gauge

Get ready for the winter weather by making your very own snow gauge, complete with snowman on top! How many inches of snow do you think we'll get this winter?

Ages: 5+

Course #	Day	Date	Time	Fee (R/NR)
16317	Th	Dec 29	10:30am-11:30am	\$10/\$12

Instructor: Oliver

Location: Croydon Creek Nature Center

Kids Woodworking I *New*

Enjoy learning an introduction to furniture making. Kids may choose from a variety of projects to make. Basic techniques of wood selection, preparation, joinery and finishing will be taught.

Course #	Day	Date	Time	Fee (R/NR)
17039	Sa	Sep 24-Oct 29	1pm-3pm	\$83/\$98

Instructor: Barrett

Location: Wood World

Kids Woodworking II *New*

Enjoy an more advanced project for the junior woodworker who has had some experience with wood. Refine techniques in wood selection and preparation, joinery and finishing.

Course #	Day	Date	Time	Fee (R/NR)
17040	Sa	Sep 24-Oct 29	1pm-3pm	\$83/\$98

Instructor: Barrett

Location: Wood World



**For information on
Sports Leagues**

Lisa Splaine

240-314-8654 or Lsplaine@rockvillemd.gov

Fitness/Wellness

In-Line Skating for Children - Beginner

Learn how to move comfortably on skates. Start from sitting in a chair with a non-skating helper, and progress at your own speed.

Note: Participants must bring in-line skates (no roller or plastic skates permitted), wrist guards, elbow and kneepads and helmet. For equipment information, call Cindy at 301-365-2104. Bring a water bottle. Call weather line at 240-314-5023 for status of class.

Ages: 6-12

Course #	Day	Date	Time	Fee (R/NR)
16618	Sa	Sep 17-Oct 22	9:30am-10:20am	\$42/\$50

Instructor: Husted-Feldman

Location: Elwood Smith Recreation Center and Park

Karate Kids

Learn the fundamentals of Tae Kwon Do, including a variety of basic kicks, blocks and punches. The martial artist's attitude of discipline, respect and self-control is stressed. Wear loose, comfortable clothes.

Grade: 1-7

Course #	Day	Date	Time	Fee (R/NR)
16958	F	Sep 23-Nov 11	4pm-5pm	\$44/\$52

Instructor: Latchinian

Location: World Karate Masters

Karate - Tang Soo Do Youth

Give your child the gift of confidence! Help your child improve self-discipline, develop better concentration and even improve school grades. Note: Fee includes uniform. No classes on 10/4, 11/1 & 10/13.

Ages: 4-6

Course #	Day	Date	Time	Fee (R/NR)
17092	M & W	Sep 26-Oct 26	4:55pm-5:30pm	\$85/\$100

Ages: 4-6

17093	Tu & Th	Sep 27-Nov 8	5:55pm-6:25pm	\$85/\$100
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Ages: 7-12

17094	Tu & Th	Sep 27-Nov 8	7:00pm- 7:50pm	\$95/\$112
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Instructor: TBA

Location: Kicks Karate

Kick It! *New*

Release that energy! This cardio-kickboxing class is designed pre-teens and is taught by a certified fitness specialist who will keep it fun but will definitely give you a workout. This is a non-contact program and does not use equipment. No previous fitness class experience necessary.

Ages: 10-14

Course #	Day	Date	Time	Fee (R/NR)
17012	W	Sep 14-Nov 2	3pm-3:45pm	\$48/\$56

Instructor: Thida

Location: Julius West Middle School

Children

Pee Wee Tennis

Introduce your child to the basics of tennis in a noncompetitive atmosphere. The 'Mr. Pee Wee Tennis' program uses scaled-down tennis equipment (provided) including racquets, balls and nets. Learn the game of tennis in a fun and rewarding way using a smaller court size. Call weather line at 240-314-5023 for status of class.

Ages: 5-6

Course #	Day	Date	Time	Fee (R/NR)
17037	Sa	Sep 17-Oct 8	9:30am-10:15am	\$34/\$40

Instructor: Russell

Location: Woodley Gardens Park

Ages: 6-7

17038	Sa	Sep 17-Oct 8	10:30am-11:15am	\$34/\$40
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Instructor: Russell

Location: Woodley Gardens Park

Shorty Sports

Enjoy learning the fundamentals of sports in a fun way through games and a variety of instructional drills. Develop skills in throwing, catching, kicking and batting through sports such as soccer, T-ball and basketball. Wear sneakers and bring a water bottle.

No class 10/13 due to Yom Kippur holiday.

Ages: 4-6

Course #	Day	Date	Time	Fee (R/NR)
16630	Th	Sep 15-Oct 27	5:30pm-6:15pm	\$45/\$53

Instructor: O'Hara

Location: King Farm Park

Soccer - Children

Practice soccer fundamentals and develop better skills. Dribbling, passing, trapping and shooting are covered, as well as the basic concepts for strategy and teamwork. Scrimmages are included. Bring a water bottle. Note: Shin guards are required for the class. Call the weather line at 240-314-5023 for status of class. No class 10/12 & 13.

Ages: 4-5

Course #	Day	Date	Time	Fee (R/NR)
16635	Sa	Sep 17-Oct 22	9am-9:50am	\$49/\$58

Instructor: O'Hara

Location: King Farm Park

Ages: 5-7

16636	M	Sep 12-Oct 17	4pm-4:50pm	\$49/\$58
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Instructor: Simmons

Location: Montrose Community Center and Park

Ages: 5-7

16633	Th	Sep 15-Oct 27	4:30pm-5:20pm	\$49/\$58
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Instructor: Orrell

Location: Calvin Park

Ages: 5-7

16637	W	Sep 14-Oct 26	4pm-4:50pm	\$49/\$58
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Instructor: Skolnik

Location: Calvin Park

Ages: 6-8

17090	M	Sep 12-Oct 17	5pm-5:50pm	\$49/\$58
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Instructor: Simmons

Location: Montrose Community Center and Park

16634	Th	Sep 15-Oct 27	5:30pm-6:20pm	\$49/\$58
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Instructor: Orrell

Location: Calvin Park

Ages: 6-8

16638	W	Sep 14-Oct 26	5pm-5:50pm	\$49/\$58
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Instructor: Skolnik

Location: Calvin Park

Ages: 6-7

16999	Sa	Sep 17-Oct 22	10am-10:50am	\$52/\$61
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Instructor: O'Hara

Location: King Farm Park

T-Ball

Youngsters will enjoy this fun and active class as they learn the fundamentals of catching, throwing, batting and fielding. Note: Bring a mitt and water bottle to class. Call the weather line at 240-314-5023 for status of class.

Ages: 5-7

Course #	Day	Date	Time	Fee (R/NR)
16640	Sa	Sep 17-Oct 22	10am-10:50am	\$49/\$58

Instructor: Orrell

Location: King Farm Park

Ages: 5-7

16641	Sa	Sep 17-Oct 22	11am-11:50am	\$49/\$58
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Instructor: Orrell

Location: King Farm Park

Tennis for Children

Lessons for beginners emphasize fundamentals: grip, stance, forehand, backhand and rules. Advanced Beginners work on serve, strategy, etc. Intermediate players work on approach shots, return of serves, lobs and overheads. Note: Participants must bring a racquet. Balls are provided. Call the weather line at 240-314-5023 for status of class.

Ages: 7-8

Course #	Day	Date	Time	Fee (R/NR)
16650	W	Sep 14-Oct 19	4pm-4:50pm	\$54/\$63

Instructor: Pu

Location: Montrose Community Center and Park

Children

Ages: 7-10

16651 Sa Sep 17-Oct 22 9:30am-10:20am \$54/\$63

Instructor: Pu

Location: Montrose Community Center and Park

Ages: 8-10

16649 W Sep 14-Oct 19 5pm-5:50pm \$54/\$63

Instructor: Pu

Location: King Farm Park

Tumbling and Tramp

Participants learn basic tumbling skills such as forward and backward rolls, handstands, cartwheels, round-offs, walkovers and back handsprings, if ready. Emphasis will be placed on coordination, flexibility and strength. USA Gymnastics trampoline levels 1-4 will be taught.

No class 10/21.

Ages: 4-6

Course #	Day	Date	Time	Fee (R/NR)
16654	F	Sep 23-Nov 4	4pm-5pm	\$58/\$68

Instructor: Buell-Size

Location: Xtreme Acro and Cheer

Ages: 6-12

16653 F Sep 23-Nov 4 5:15pm-6:15pm \$58/\$68

Instructor: Buell-Size

Location: Xtreme Acro and Cheer

Basketball for Girls

Learn basketball fundamentals: dribbling, passing, shooting and rules of play. Team play and sportsmanship is emphasized. Scrimmages will be played as student's skills progress.

Ages: 7-9

Course #	Day	Date	Time	Fee (R/NR)
17073	W	Sep 21-Nov 9	6pm-6:50pm	\$64/\$74

Instructor: Jordan

Location: Lakewood Elementary School

Basketball Skills Development

Gain confidence as you learn fundamental basketball skills and rules in this class. Learn proper techniques and control as you execute skills through a variety of drills and exposure to game-like situations, depending on skill level of participants.

Course #	Day	Date	Time	Fee (R/NR)
17071	W	Sep 21-Nov 9	4pm- 4:50pm	\$64/\$74

Ages: 7-9

Ages: 10-12

17072 W Sep 21-Nov 9 5pm- 5:50pm \$64/\$74

Instructor: Jordan

Location: Lakewood Elementary School

U.K. Elite Youth Soccer *New*

Develop fundamental techniques, skills, and an introduction to the tactics of soccer. Bring water bottle and wear shin guards.

Ages: 5-6

Course #	Day	Date	Time	Fee (R/NR)
17026	W	Sep 21-Oct 26	5pm-6pm	\$72/ \$85

Location: King Farm Park

Ages: 6-7

17091 W Sep 21-Oct 26 6pm-7pm \$72/\$85

Location: King Farm Park

Sports/Leagues

Basketball - Boys/Girls

This exciting winter sport provides opportunities for boys and girls to participate and compete in an organized basketball league. Special playing rules will be in effect for all levels. Participants learn elementary and advanced basketball skills in an atmosphere of fair play and good sportsmanship. All registrants, including participants from 2005 program are required to sign up by the October 20 deadline and will be contacted by a volunteer coach regarding team practices and other 2005-06 team information. Practices may begin the week of 11/28. Times and locations for league games are tentative and subject to change.

Girls Pee Wee

Girls born 9/1/1995-12/31/1996

Ages: 9-10

Course #	Day	Date	Time	Fee (R/NR)
17041	Sa	Jan 7-Mar 4	9am-6pm	\$53/\$63

Girls Bantam

Girls born 9/1/1994-12/31/1995

Ages: 10-11

17042 Sa Jan 7-Mar 4 9am-6pm \$53/\$63

Girls Midgets

Girls born 9/1/1993-12/31/1994

Ages: 11-12

17043 Sa Jan 7-Mar 4 9am-6pm \$53/\$63

Girls Juniors

Girls born 9/1/1992-12/31/1993

Ages: 12-13

17044 Sa Jan 7-Mar 4 9am-6pm \$53/\$63

Girls Intermediates

Girls born 9/1/1991-12/31/1992

Ages: 13-14

17045 Sa Jan 7-Mar 4 9am-6pm \$53/\$63

Children

Girls Associates

Girls born 1990 and 1991

Ages: 14-15

Course #	Day	Date	Time	Fee (R/NR)
17046	Sa	Jan 7-Mar 4	9am-6pm	\$56/\$66

Boys Pee Wees

Boys born 9/1/1995-12/31/1996

Ages: 9-10

Course #	Day	Date	Time	Fee (R/NR)
17047	Sa	Jan 7-Mar 4	9am-5pm	\$53/\$63

Boys Bantam

Boys born 9/1/1994-12/31/1995

Ages: 10-11

Course #	Day	Date	Time	Fee (R/NR)
17048	Sa	Jan 7-Mar 4	9am-5pm	\$53/\$63

Boys Midget

Boys born 9/1/1993-12/31/1994

Ages: 11-12

Course #	Day	Date	Time	Fee (R/NR)
17049	Sa	Jan 7-Mar 4	9am-5pm	\$53/\$63

Boys Juniors

Boys born 9/1/1992-12/31/1993

Ages: 12-13

Course #	Day	Date	Time	Fee (R/NR)
17050	Su	Jan 8-Mar 5	12 noon-6pm	\$53/\$63

Boys Intermediates

Boys born 9/1/1991-12/31/1992

Ages: 13-14

Course #	Day	Date	Time	Fee (R/NR)
17051	Su	Jan 8-Mar 5	12 noon-6pm	\$56/\$66

Boys Associates

Boys born 9/1/1990-12/31/1991.

Ages: 14-16

Course #	Day	Date	Time	Fee (R/NR)
17052	Su	Jan 8-Mar 5	12 noon-6pm	\$56/\$66

Boys Seniors

Boys born 9/1/1989-12/31/1990.

Ages: 14-16

Course #	Day	Date	Time	Fee (R/NR)
17053	Su	Jan 8-Mar 5	12 noon-6pm	\$56/\$66

Basketball - Mighty Mites

Basketball program emphasizes learning and developing basic skills and having fun. Second graders play in a coed division with baskets modified to 8 feet 6 inches. We are offering two divisions for third graders and baskets will be the standard height. Participants must reside or attend a school within Rockville corporate limits. Register by: 10/20

Co-Rec Mighty Mites Basketball - Grade 2

Boys & Girls born 9/1/1997-8/31/1998

Ages: 7-8

Course #	Day	Date	Time	Fee (R/NR)
17054	Sa	Jan 7-Feb 11	9am-5pm	\$47/\$57

Boys Mighty Mites Basketball - Grade 3

Boys born 9/1/1996-8/31/1997.

Ages: 8-9

Course #	Day	Date	Time	Fee (R/NR)
17055	Sa	Jan 7-Feb 11	9am-5pm	\$47/\$57

Girls Mighty Mites Basketball - Grade 3

Girls born 9/1/1996-8/31/1997

Ages: 8-9

Course #	Day	Date	Time	Fee (R/NR)
17056	Sa	Jan 7-Feb 11	9am-5pm	\$47/\$57

Wrestling

Discipline! Good work ethics! Responsibility! Perseverance! These are the qualities that are needed for success in the sport of wrestling. The City of Rockville is proud to sponsor a youth wrestling team to compete in the Gaithersburg Sports Association. Teams are coached by adults certified through the National Youth Sports Coaches Association.

All registrants, including 2004-05 participants, are required to sign up by the October 21 deadline. Note: \$10 fee per player required for AAU Membership, payable to a coach at team practice. Two 90-minute weekday evening practices are held per week at RMHS. Meets begin on 1/7/06 tentatively scheduled between 9 a.m. and 5 p.m. at Gaithersburg H.S. Wrestlers must be at least 6 years old by 1/1/06. Wrestlers who are 14 years old on 1/1/06 are eligible if in the 8th grade or lower. Wrestlers must reside or attend a school within Rockville corporate limits.

Ages: 6-14

Course #	Day	Date	Time	Fee (R/NR)
17057	Tu & Th	Nov 15-Feb 16	5:30pm-8:30pm	\$75/\$85

Location: Richard Montgomery High School

